

1 **TITLE:**

2 Towards demand-side solutions for mitigating climate change

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25 **Research on climate change mitigation tends to focus on supply-side technology solutions. A better**  
26 **understanding of demand-side solutions is missing. We propose a transdisciplinary approach to**  
27 **identify demand-side climate solutions, investigate their mitigation potential, detail policy**  
28 **measures, and assess their implications for well-being.**

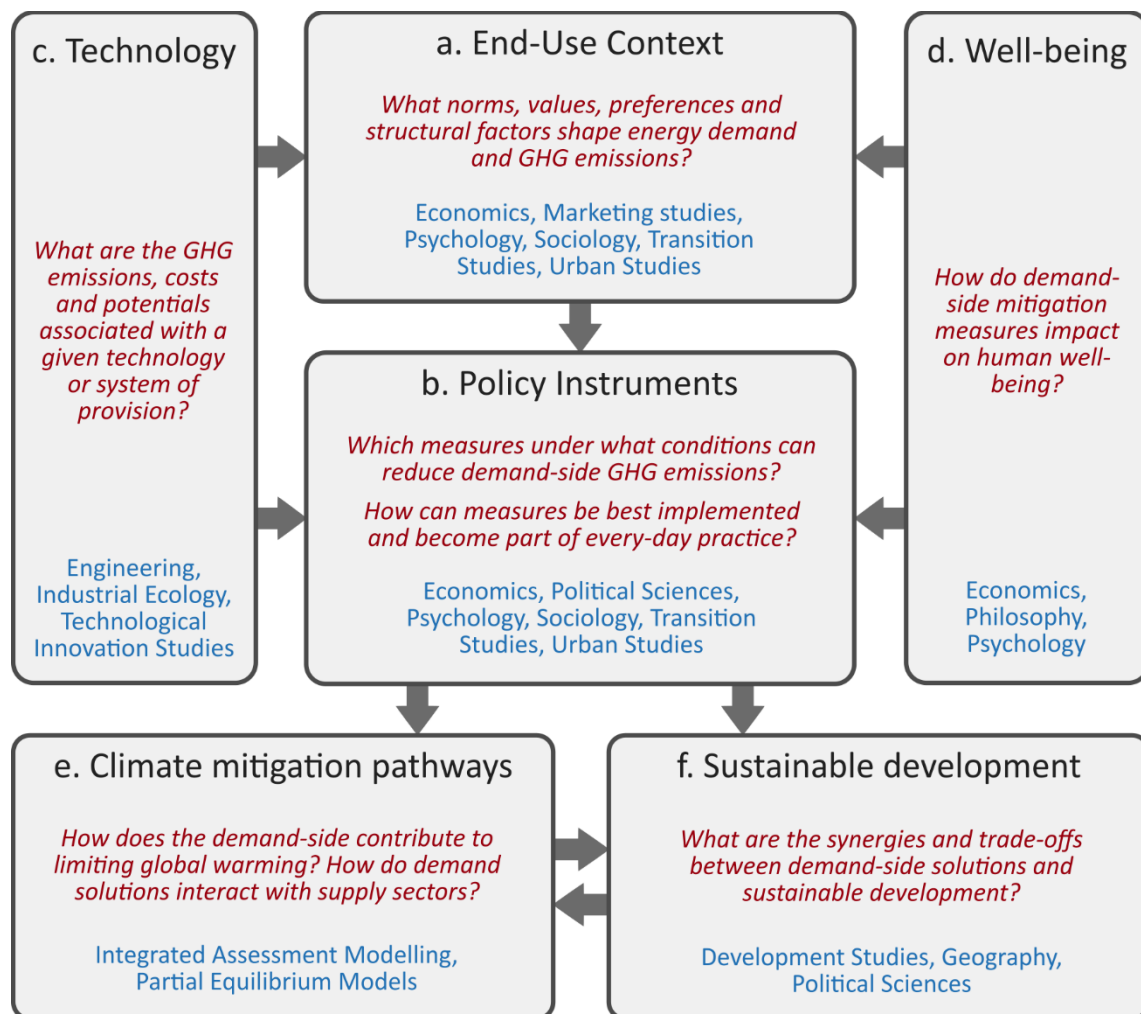
29 The upcoming IPCC assessment report will feature a chapter on demand, services and social aspects of  
30 mitigation (Chapter 5, Working Group III, AR6). This focus on demand promises to integrate scientific  
31 knowledge from diverse and underrepresented disciplines. Previous IPCC reports emphasized improved  
32 end-use efficiency, but provided little insight on the nature, scale, implementation and implications of  
33 demand-side solutions, and ignored associated changes in lifestyles, social norms and well-being. There  
34 are promising disciplinary frameworks to estimate demand-side, consumption-based, or lifestyle-based  
35 approaches for climate change mitigation<sup>1-5</sup>, but a comprehensive assessment of the underlying science  
36 and methods needed to provide realistic assessments of their potential is still missing, due to a) competing  
37 frameworks and paradigms; b) lack of research synthesis (cf. with<sup>6</sup>); and c) predominant focus on techno-  
38 socio-economic scenarios within the IPCC framing. This gap is unfortunate as demand-side solutions  
39 entail fewer environmental risks than many supply side technologies<sup>7</sup>.

40 *Demand-side solutions* for mitigating climate change include strategies targeting technology choices,  
41 consumption, behavior, lifestyles, coupled production-consumption infrastructures and systems, service  
42 provision, and associated socio-technical transitions. Disciplines vary in their approaches and research  
43 questions on demand side issues. For example, psychologists and behavioral economists focus on  
44 emotional factors and cognitive biases in decision making process; economists elaborate on how, under  
45 rational decision-making, carbon pricing, and other fiscal instruments can trigger change in demand;  
46 sociologists emphasize every-day practices, structural issues, and socio-economic inequality;  
47 anthropologists address the role of culture in energy consumption; and studies in technological innovation  
48 consider socio-technical transitions and the norms, rules and pace of adoption that support dominant  
49 technologies.

50 Synthesizing the existing approaches and findings from different fields can help define a tractable  
51 research agenda to inform demand-side solutions. We call for a synthesis of social science and  
52 engineering research – including (but not limited to) contributions from psychology, economics,  
53 sociology, political science, industrial ecology, technological innovation studies, and economy-energy  
54 system studies — to understand the demand-side potential for climate change mitigation. We sketch out a  
55 demand-side assessment framework and discuss key topics that need to be addressed: the characterization  
56 of demand; policy instruments and how they would affect demand; techno-economic evaluation; well-  
57 being implications; mitigation pathways; and the sustainable development context. These topics and their  
58 associated focal research questions are summarized in Figure 1.

### 59 **Characterizing demand patterns**

60 The starting point for a demand-side assessment seeks to characterize energy and food demand patterns  
61 and the associated GHG emissions. For example, energy demand to satisfy mobility needs varies with  
62 transport mode, distance, and frequency in its associated energy use and GHG emissions<sup>8</sup>. Choices  
63 between these alternative strategies to provide the same energy service are highly contextual. Hence the  
64 first question to ask is: What norms, values, preferences and structural factors shape energy demand and  
65 GHG emissions (Figure 1a)? Disciplines approach this question from disparate angles, as we will discuss  
66 next.



67

68 *Figure 1. Key research questions and contributing disciplines for assessing demand-side solutions to*  
 69 *mitigate climate change.*

70 **Identifying policy instruments**

71 Policy instruments can spur demand-side solutions, in ways that depend on the specific energy service  
 72 and socio-economic context. The second assessment question is hence: Which measures can reduce  
 73 demand-side GHG emissions, and under what conditions? One needs to understand whether the proposed  
 74 policy mechanism is realistically implementable, meeting the real constraints of policy makers on the

75 ground, leading to the third question: How can measures be best implemented and become part of every-  
76 day practice (Figure 1b)?

77  
78 Different disciplines have provided important pieces to this big jigsaw, but still a lot remains to be done to  
79 put the assessment of policy instruments together in a truly inter-disciplinary effort and address the  
80 questions posed. Psychological theory predicts motivation for behaviors related to energy demand and  
81 behavioral studies demonstrate that people's responses to policy instruments and to energy choices may  
82 depart from the *homo economicus* 'perfect rationality' expectation<sup>9</sup>. As a result, 'nudges', subtle changes  
83 in choice architectures, have been proposed and implemented as suitable policy instruments<sup>10</sup>,  
84 supplementing other policies. Social practice theory emphasizes that demand is affected by socio-  
85 demographics, inequality, habits, and structural aspects of consumption<sup>11</sup>, pointing also to the social  
86 contexts for policy action. Economics evaluates the effectiveness of policy instruments by a social  
87 welfare function. Transition theory emphasizes the importance of group dynamics to develop niche  
88 solutions and then mainstream them into society<sup>12</sup>. As human behavior is affected by what others believe  
89 and do, policies that address social norms may lead to large-scale tipping points<sup>13</sup>. Furthermore, physical  
90 infrastructure also affects demand<sup>5</sup>. For example, transport-oriented development enables low-carbon  
91 mobility and accessibility, enabling habit formation congruent with climate mitigation. Such measures are  
92 particularly appealing in addressing multiple objectives<sup>5</sup>.

93 As demand-side solutions deeply intersect with every-day life, questions of agency loom large. For  
94 example, consider that policy measures can change preferences. We hence must understand the assumption  
95 of exogenous preference as a special and not very plausible case and instead should model humans as  
96 enculturated agents<sup>14</sup>. Understanding how to optimally adjust policy to the presence of endogenous  
97 preferences and how policies can change these preferences are crucial matters for the accurate design of  
98 demand-side climate policy<sup>5</sup>.

99 To enable transdisciplinary collaboration, common frameworks can serve as inclusive focal points for  
 100 discussions and research. As an example, Box 1 describes below the Avoid-Shift-Improve approach, a  
 101 well-established framework in the Sustainable Transport community. The Avoid-Shift-Improve approach  
 102 enables a categorization of policy options, and by comparison, can enable cross-sectoral learning (see  
 103 Table 1 for examples).

**Box 1. The Avoid-Shift-Improve framework.** The ASI approach originated in the early 1990s in Germany to structure policy measures that reduce the environmental impact of transport, was then taken up by international NGOs to address rapid motorization in developing countries in the 2000s, and was endorsed by Asian and Latin American countries in the 2013 Bogota Declaration on Sustainable Transport<sup>23</sup>. According to the ASI approach, policies to limit GHG emissions in the transport sector need to consist of measures aimed at: (a) avoiding the need to travel, e.g. by improved urban planning, or teleworking, (b) shifting travel to the lowest carbon mode, e.g. cycling; and (c) improving vehicles to be more energy-efficient and fuels less carbon intensive.

104

105 *Table 1. Illustrative Avoid-Shift-Improve options in different sectors and services. Many options, such as*  
 106 *urban form and infrastructures are systemic, and influence several sectors simultaneously.*

|                  | Service   | Avoid  | Shift  | Improve  |
|------------------|---|--|--|--|
| <b>Transport</b> | <ul style="list-style-type: none"> <li>➤ Accessibility</li> <li>➤ Mobility</li> </ul> | <ul style="list-style-type: none"> <li>➤ Integrate transport &amp; land use planning</li> <li>➤ Smart logistics</li> <li>➤ Tele-working</li> <li>➤ Compact cities</li> </ul> | <ul style="list-style-type: none"> <li>➤ Mode shift from car to cycling, walking, or public transit</li> </ul> | <ul style="list-style-type: none"> <li>➤ Electric two, three, and four wheelers</li> <li>➤ Eco-driving</li> <li>➤ Electric vehicles</li> <li>➤ Smaller, light-weight vehicles</li> </ul> |
| <b>Buildings</b> | <ul style="list-style-type: none"> <li>➤ Shelter</li> </ul>                           | <ul style="list-style-type: none"> <li>➤ Passive house or retrofit (avoiding demand for heating/ cooling)</li> </ul>   | <ul style="list-style-type: none"> <li>➤ Heat pumps, district heating and cooling</li> </ul>                   | <ul style="list-style-type: none"> <li>➤ Condensing boilers</li> <li>➤ Incremental insulation options</li> <li>➤ Energy efficient appliances</li> </ul>                                  |

|   |  |  |  |  |
|---|--|--|--|--|
|   |  | <ul style="list-style-type: none"> <li>➤ Change temperature set-points</li> </ul>  | <ul style="list-style-type: none"> <li>➤ Combined heat and power</li> <li>➤ Invertor A/C</li> </ul>                                    |  |
| <b>Manufactured products and services</b> | <ul style="list-style-type: none"> <li>➤ Clothing</li> <li>➤ Appliances</li> </ul> | <ul style="list-style-type: none"> <li>➤ Long lasting fabric, appliances, sharing economy</li> <li>➤ eco-industrial parks, circular economy</li> </ul> | <ul style="list-style-type: none"> <li>➤ Shift to recycled materials, low-carbon materials for buildings and infrastructure</li> </ul> | <ul style="list-style-type: none"> <li>➤ Use of low carbon fabrics</li> <li>➤ New manufacturing processes and equipment use</li> </ul>                             |
| <b>Food</b>                               | <ul style="list-style-type: none"> <li>➤ Nutrition</li> </ul>                      | <ul style="list-style-type: none"> <li>➤ Calories in line with daily needs</li> <li>➤ Food waste reduction</li> </ul>                                  | <ul style="list-style-type: none"> <li>➤ Shift from ruminant meat to other protein sources where appropriate</li> </ul>                | <ul style="list-style-type: none"> <li>➤ Reuse food waste</li> <li>➤ Smaller, efficient fridges</li> <li>➤ Healthy fresh food to replace processed food</li> </ul> |

107

108 **Accounting for GHG emissions, cost and potentials**

109 The fourth question is: What are the GHG emissions, costs and potentials associated with a given  
110 technology or system of provision (Figure 1c)? Industrial ecology has quantified the carbon footprint of  
111 different consumption categories, developed methods to identify the impact of changes in the choice of  
112 product or producer, and identified emission reduction potentials from a life-cycle perspective. Tools that  
113 provide quick, macro-level estimates of the efficacy of consumer-oriented policy measures can account for  
114 system-wide effects, such as rebounds, and can help to prioritize relevant policies<sup>15,16</sup>.

115 Beyond specific technologies, research should take a wider scope and ask for the efficient and reliable  
116 provision of end-use services, rather than only efficient technology design. For example, a specific service,  
117 such as mobility, can be systematically tested along a) purpose (need or want); b) physical requirement (is  
118 a physical trip required or can it be substituted, e.g. with telework); c) consumer preference (mode choice,  
119 e.g. car versus bike); d) use efficiency (e.g. the ratio of useful passenger weight to overall vehicle weight);  
120 e) service efficiency (e.g. car sharing versus private car); f) end-use efficiency (e.g. efficient fuel use of  
121 vehicle); and g) upstream efficiency (e.g. efficiency of fuel provision). Such a service-oriented perspective

122 on emission reduction corresponds to the avoid-shift-improve approach: a)-b) are avoid; b)-d) are shift; and  
123 e)+f) are improve options.

124 Technological studies contribute to a dynamic system understanding, describing cost reductions and  
125 strategies to overcome barriers on the path from research and development of a technology to market-scale  
126 deployment and uptake. Such insights are crucial not only for evaluating the emission reduction potential  
127 of options, but also to clarify the timescales involved until new technologies make a difference for climate  
128 mitigation. Insights on environmental or social risks associated with specific mitigation options are equally  
129 important to set the social boundaries for mitigation pathways.

### 130 **Well-being implications**

131 The fifth assessment question is: How do demand-side mitigation measures impact well-being (Figure 1d)?  
132 Reducing energy use or GHG emissions needs to be balanced with the goal of enhancing human well-  
133 being.<sup>17</sup> On the one hand, there is a need for improved energy services among poor populations, who may  
134 not have access to clean cooking fuels or affordable and reliable electricity. On the other hand, there are  
135 numerous opportunities to enhance well-being and reduce GHG emissions at the same time. For example,  
136 policies aiming at reducing red meat consumption to reduce cardiovascular disease risks will also have the  
137 co-benefit of reducing emissions. Walking and cycling can increase personal fitness. It is thus a key  
138 challenge to systematically assess both benefits and costs of novel demand-side policies.

139 Moral philosophy and welfare economics distinguish three major concepts for the evaluation of well-being:  
140 1) preferences, a utility-based concept that has been the workhorse of micro-economics ; 2) hedonic  
141 concepts, such as those focusing on happiness and subjective well-being; and 3) eudaimonic approaches  
142 that encompass human needs and capability assessments<sup>18</sup>. Importantly, these different concepts may lead  
143 to sometimes similar but mostly diverging policy conclusions, as analyzed for the case of transportation<sup>19</sup>.



144 We argue that a focus on human needs is particularly suited for developing countries, where demand is  
145 increasing quickly but where poverty eradication remains a central issue<sup>20</sup> and is closely associated with  
146 providing decent housing and services (e.g., electricity for light and cooking)<sup>21</sup>. It remains relevant in the  
147 context of deepening inequality and energy poverty in developed economies<sup>22</sup>. In developed countries, or  
148 places with higher income structure, a human needs approach gains different connotations, possibly  
149 supporting the transition to more equitable consumption and higher well-being. Together, a focus on  
150 services rather than products enables the identification of wider mitigation options, but also the direct  
151 evaluation of well-being impacts and outcomes.

## 152 **Climate mitigation pathways**

153 Asking the sixth' question: How does the demand side contribute to limiting global warming? How do  
154 demand solutions interact with the supply system (Figure 1e)? Even the best of individual policies and  
155 measures will be relevant to climate change mitigation only within a coordinated framework of action.  
156 Sketched approaches like transition theory, insights on behavioral tipping points and social norms, and  
157 political economy insights on policy sequencing have all the potential for laying out short-term and action-  
158 oriented mitigation pathways. Such approaches, together with bottom-up assessments from technological  
159 studies, can be soft-coupled and integrated with Integrated Assessment Models (IAMs) and similar  
160 economic models that assess system-wide potentials, reflecting the interaction between sectors, and  
161 mitigation options. With more consistent and systematic modeling efforts an increased role of the demand-  
162 side mitigation opportunities might become available also in the quantitative assessments, potentially  
163 replacing part of the need for more controversial mitigation technologies. Modeling and other assessment  
164 studies can also clarify the time-scales over which actions and mitigations play out – an increasingly urgent  
165 requirement as time runs to reduce atmospheric CO<sub>2</sub> concentration below levels consistent with less than  
166 2°C warming.

## 167 **Sustainable Development**

168 As a seventh and last assessment question: What are the synergies and tradeoffs between demand-side  
169 solutions and sustainable development (Figure 1f)? It is important to normatively evaluate the well-being  
170 implications of demand-side climate action. The SDGs have at their heart an integrated vision of the pre-  
171 requisites for human well-being and go beyond climate action (SDG 13) alone. For example, providing  
172 low-or-zero-carbon and resource efficient services equates with responsible consumption and production  
173 (SDG 12). But other SDGs are also directly implicated. Providing safe and sufficient nutrition tackles the  
174 zero-hunger goal (SDG 2) and good health and well-being (SDG 3), electricity services for light, cooking  
175 and others are key for the affordable and clean energy goal (SDG 7), and providing mobility and  
176 accessibility services is closely related to achieving sustainable cities and communities (SDG 11). The  
177 linkage between sustainable development and climate change is also articulated in the “nationally  
178 determined” language of the Paris Agreement, which promotes climate mitigation that coincides with  
179 nationally determined development outcomes. A demand-side assessment should also be able to inform  
180 sustainable development pathways.

181 The ambition of AR6 to fill crucial evidence gaps on the demand side is critical, as the IPCC assessments  
182 of available solutions have suffered from this lacuna in literature. We have outlined some key avenues for  
183 research that scientists need to tackle over the coming years. We call for collaborative and transdisciplinary  
184 efforts by relevant communities to achieve this fundamental goal.

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